

Always wanted to Skydive?

How does **FREE** charity skydiving sound?

The **York University RAG skydive** is an event you do not want to miss! It's pretty much impossible to beat the adrenaline rush of your first jump!



You'll be exiting a perfectly good aircraft, harnessed to a BPA qualified instructor, and accelerating towards the ground at speeds of 120 miles per hour. The euphoria and emotion you'll experience as you land, having technically just fallen out of a plane, won't leave you for weeks - you'll remember your first skydive for the rest of your life.

Most importantly, you'll have raised valuable funds for charity by doing the skydive. Fundraising is a doddle when you tell people what you've opted to go through, and as long as you raise enough sponsorship, RAG will pay for your jump! Can't say fairer than that

How much do I have to fundraise?

In order to take part and effectively jump for free you need to **raise a minimum amount of £300 in sponsorship**. This amount covers the cost of the Tandem jump and a minimum donation to the charity. Every extra penny that you raise over the minimum comes straight to the charity too, so please try to raise as much as you can! We are fundraising for: Martin House Hospice, Refugee Action York, Teenage Cancer Trust, Alzheimer's Society, War Child and YUSU Volunteering.

When is the jump? Sunday 4th March 2012 at Skydive Hibaldstow, North Lincolnshire

How to take part

- 1) Complete the '[Skydiving Registration form](#)'
- 2) Hand it in at the RAG Office along with a deposit of £50 to secure your place. Or you can pay your deposit online by opening an online fundraising account <https://www.charitygiving.co.uk/fundraising/newpage.asp>
This amount will be deducted from your total minimum sponsorship amount. Please register asap! **Final registration deadline is 14/12/2011.**
- 3) **Start fundraising!** You will be provided with official sponsorship forms to collect donations
- 4) Final payment of £250 payable before the jump date either online or to the RAG Office

On the day of your skydive you will need to

- Arrive at the airfield at the designated time and register in the reception. Transport is available from RAG at an additional cost.
- If you have a medical condition, recent injury or are taking any medication, or are aged 40+ then you will also need to hand in your BPA medical form signed and stamped by your doctor. If you are aged 16 or 17 then you will need a parent or legal guardian to sign consent on three forms.
- If you would like the DVD and photo package then you will need to arrange this in reception and pay the £90 yourself. Please note this cannot be taken from the sponsorship money.
- Complete 20 minutes of training with your instructor
- **Enjoy your Tandem Skydive from 15,000ft!**



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Who can take part in a Tandem Skydive?



AGE RESTRICTIONS - Tandem Skydiving

- Overall age range: 16 years and older. There is no upper age limit for tandem skydiving.
- Age 16-17: Parental consent will be required. This is in the form of parental/guardian signature on the Skydive Hibaldstow membership form, BPA Tandem medical form and BPA membership agreement form.
- Age 16-39: Students will be required to sign a tandem student self-declaration medical on arrival.
- Age 40 and over: Students must have a BPA Tandem medical form stamped by their doctor.

WEIGHT RESTRICTIONS - Tandem Skydiving

- Maximum weight: 16 stones (100kg) for both males and females

Although it is less important to be physically fit for a tandem skydive, students must be aware that some weather conditions are less suitable for students who are less physically fit, less agile, in particular those with a high Body Mass Index of 27.5 or over and/or are close to the weight limit or for those with physical disabilities.

These students may have to wait for more favourable weather in order to complete their skydive, particularly if winds are light and this could result in the skydive being postponed to an alternative date.

MEDICAL CONDITIONS AND NOTES – Please Read Carefully

Certain medical conditions (for example, epilepsy, some cardiovascular and neurological conditions and some forms of diabetes) or recurring injuries (for example, recurring dislocations) may preclude you from participating in a skydiving course. **If you are in any doubt, please contact the parachute centre or consult the notes on the BPA Tandem medical form for more detailed information.**

We reserve the right to refuse training or to postpone a jump if weather conditions or other factors are deemed not suitable for an individual student at the Centre Chief Instructor's discretion. It should be noted that not all weather conditions may be suitable for all students.

What about insurance?

The only type of insurance included is the mandatory membership to the British Parachute Association. There is no medical or personal accident insurance included. However if you would like to take out a one-off tandem jump policy then this is your choice. We cannot provide or recommend insurance however there are several companies that offer this including Extreme Plus www.extremeplus.co.uk or call 0845 676070.

Your support means a great deal to RAG charities Good luck with raising your sponsorship !

CHARITY SKYDIVING TERMS - By taking part in a RAG charity skydive you are bound by the following terms and agree:

1. That if you intend to cover the cost of the skydive with sponsorship money you will aim to meet the minimum fundraising target set by the charity, otherwise you will cover the remaining amount yourself and/or pull out of the event and refund all monies to the sponsors.
2. To make every effort to exceed the minimum target
3. To send on any additional funds raised directly to the charity within the timeframe agreed. Failure to do so is considered theft.
4. To make clear to sponsors if you are not paying for the skydive yourself and that the cost will be covered with their sponsorship money
5. That your contact details will be shared between RAG and the skydiving centre. Your details will not be passed on by us to any other third party for any reason.
6. Skydiving is an adventure sport and participation involves a risk of injury or death and you voluntarily accept all the risks inherent
7. That York University, YUSU RAG nor the charities will not accept any liability or responsibility for you taking part in a skydive.

