

# SKYDIVE

Join us for a Neurocare Skydive Day



Neurocare

**Sunday  
26th June**

## WHAT AND WHO YOU ARE RAISING FOR:

All of the fundraising you are doing will go to Neurocare. We at Neurocare, with your fabulous help are raising money to fund life-saving equipment, cutting edge research and support the work of Sheffield hospitals' neurological wards.

## WHAT IS SKYDIVING LIKE?

Imagine standing at the edge of an open doorway in an aircraft flying at 15,000 feet - the noise of the engines and the wind ringing in your ears with only the outline of distant fields below. Now imagine leaning forward out of that doorway and letting go - falling forward into the clouds, diving down through the air as you start freefalling at over 120mph - you can witness the views from a perspective you will have never been able to see before. Then imagine the peace and quiet as the canopy opens, the steering toggles come down either side of you and you begin a tranquil parachute descent from a mile up in the air, steering yourself back down to the centre of the drop zone below.

This can all be a reality when you sign up!

## HOW MUCH DOES THE SKYDIVE COST AND HOW MUCH DO I FUNDRAISE?

In total Neurocare ask you to kindly raise a minimum sponsorship of £395. This amount covers your tandem skydive who offer us this at a discounted rate, plus you sponsorship money. Here's the breakdown:

- **£50** deposit to secure your place
- The skydive cost is **£150**
- We kindly ask you to fundraise **£195**, and if you can raise more we would be absolutely ecstatic.
- The total being **£395** per person

When signing up for your skydive you are committing to raising this total of £395. If you do not reach your target, and you do not raise enough funds to cover your skydive you unfortunately will not be able to jump so please do all you can to raise above and beyond this minimum target.

## WHERE DO I NEED TO GO AND WHAT TIME?

**Skydive Hibaldstow, Hibaldstow Airfield, Hibaldstow**

**(Near Brigg), North Lincolnshire, DN20 9NN and we ask you to arrive at 10.30am**

## WHAT DO I NEED TO DO NOW?

1. Please fill in the attached registration form and email it to [Sophie@neurocare.org.uk](mailto:Sophie@neurocare.org.uk) or send it to our office at Neurocare, 30 Junction House, Sheffield, S11 8XB
2. Pay your deposit of £50, you can do that in cash, by cheque or over the phone (this £50 is deducted from you overall total so you now have an outstanding £345 to raise)
3. Start fundraising – we can give you tips and tricks to raise your sponsorship and help you set up your just giving page. We will be on hand at all times of the day via email and you are very welcome to call whenever you would like, we are more than happy to speak with you.

## ON THE DAY OF YOUR SKYDIVE

1. You will arrive at the skydive centre at 10.30am and report to their reception where they will sign you in
2. You will then take a seat where you can grab a bite to eat (if you're not too nervous) and relax until your number is called,
3. You will then be taken through to have 20 minutes of training with your instruction
4. You are nearly ready ...you will be skydiving soon!!
5. **SKYDIVE from 15,000ft**

## THERE A FEW RESTRICTIONS THAT WE WOULD LIKE YOU TO BE AWARE OF;

### AGE RESTRICTIONS

- Overall age range: 16 years and older. There is no upper age limit for tandem skydiving.
- Age 16-17: Parental consent in the form of parental/legal guardian signature is required on the Skydive
- Hibaldstow membership form, BPA Tandem fitness form 115 and the BPA membership agreement form.
- Age 16-39: will sign a Tandem student declaration of fitness form 115 on arrival.
- Age 40 and over : must have a BPA Tandem student declaration of fitness form 115 stamped by their doctor.

### FITNESS FORMS

- Only the official BPA forms should be used – letters or notes from doctors or medicals for any other activity will not be accepted. Everyone needs to complete the top section of the form.
- The bottom section of the form is to be signed and stamped by a doctor for **those aged 40 or over, or for those with medical conditions, recent or recurring injuries** or are unable to declare themselves fit to jump for any reason regardless of their age.
- **All forms should be brought along on the day.**

### WEIGHT RESTRICTIONS

The maximum weight limit for tandem skydiving is 16 stones (100kg) fully clothed at Hibaldstow in Lincolnshire.

### MEDICAL CONDITIONS AND NOTES

Certain medical conditions (for example, epilepsy, some cardiovascular and neurological conditions and some forms of diabetes) or recurring injuries (for example, recurring dislocations) may prevent you from participating in a skydiving course. If you are in any doubt, please contact the Parachute centre on 01652 648837